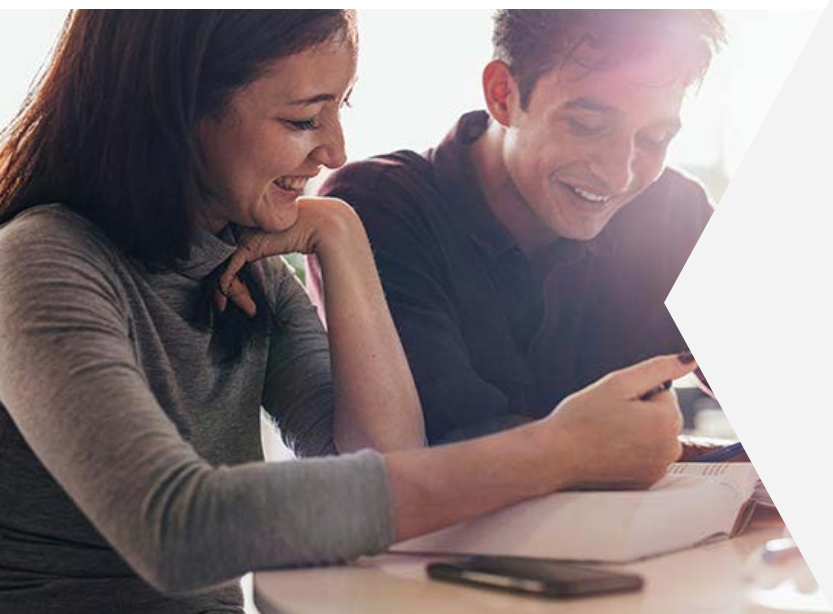


## OUR GOAL:

Utilize our counseling department to create a proactive environment and improve response systems for K-12 student supports in Mental Health, Drug & Alcohol Awareness and College/ Career pathways.

## WHEN WE SUCCEED IN 2025:

- Students will report more time or access to counselors, specifically when in crisis or emotional distress.
- Students will be able to identify potential pathways that exist after high school graduation.
- We will have an assessment plan for measuring student wellness and for identifying when intervention is required.






**WHY THIS MATTERS:** Providing targeted counseling helps to support students' mental health needs. Also, targeted counseling will help to support students throughout the college and career application process as applicable.

## INITIAL IDEAS AND ACTIONS:

- Create a baseline of data to track the level of identified supports and identified students.
- Review the delivery of services related specifically to how 9-12 counseling supports are provided in Mental Health, Drug/Alcohol Awareness and College and Career Pathways.
- Create visibility of counseling programs, resources and initiatives to the SB community through Parent University initiative

## Timeline and Next Steps

-  Research/Discovery
-  Transition Period
-  Implementing

SY 2019-2020  
(July - December)

SY 2019-2020  
(January - June)

SY 2020-2021

SY 2021-2022

**July - December:** Create a baseline of data to track the level of identified supports and identified students.

**January 2020:** Review the delivery of services related specifically to how 9-12 counseling supports are provided in Mental Health, Drug/Alcohol Awareness and College and Career Pathways.

**SY 2020 - 2021:** The district will adopt and begin to implement an assessment tool for mental wellness.

Ignite your passion.  
Nurture your potential.  
Embrace your future.